

Nursing Center

May 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CALENDAR IS SUBJECT TO CHANGE</p> <p>Please refer to the NC Family Room white board for daily program changes.</p>	<p>9:45 Good Morning 1 WLR & Exercise</p> <p>10:30 Catholic Mass</p> <p>11:00 BINGO</p> <p>2:00 How many can You name?</p> <p>4:00 Travel to Japan</p> <p>6:00 Room Visits</p> <p>7:30 New Dominion Choraliers -PR</p>	<p>9:45 Good Morning 2 WLR & Exercise</p> <p>11:00 Guitar Music with Ruben Aranda</p> <p>2:00 Cinco De Mayo Craft</p> <p>4:00 Jeopardy Trivia</p> <p>6:00 Magazine Cart</p> <p>6:30 IN2L Games</p>	<p>9:45 Good Morning 3 WLR & Exercise</p> <p>10:30 Rosary Group</p> <p>11:00 Timeless Trivia</p> <p>1:30 Room Visits</p> <p>2:00 Japanese Culture</p> <p>2:00 Good Old Days-A</p> <p>4:00 Sing A Long</p> <p>6:30 Crafting with Tara</p>	<p>9:45 Good Morning 4 WLR & Exercise</p> <p>11:00 Episcopal Service-CH</p> <p>11:00 Favorite Collage</p> <p>2:00 Headline News</p> <p>3:30 Singing with Friends - NC</p> <p>6:30 Brain Games</p>	<p>9:45 Good Morning 5 WLR & Exercise</p> <p>11:00 Let's Get Ready for Cinco De Mayo</p> <p>2:00 Cooking with Sandy, Guacamole & Margarita's</p> <p>3:30 Cinco De Mayo Party</p> <p>6:30 IN2L Game Night</p>	<p>10:45 Good Morning 6 WLR & Exercise</p> <p>2:00 BINGO</p> <p>3:30 Room Visits</p> <p>3:30 Netflix Documentary</p> <p>4:30 Sip & Chat</p> <p>6:30 Karaoke Night</p>
<p>10:30 Catholic Communion-CH 7</p> <p>11:15 Sunday Stretch</p> <p>11:45 Music with Leslie</p> <p>2:00 Worship Service</p> <p>3:00 Clipping Coupons</p> <p>4:00 Worship Service</p>	<p>9:45 Good Morning 8 WLR & Exercise</p> <p>11:00 BINGO</p> <p>1:30 Milkshakes & Scenic Ride</p> <p>2:00 Finish the Phrase</p> <p>4:00 Can You Picture This?</p> <p>6:30 Room Visits</p> <p>7:00 Easy Does it Trivia</p>	<p>9:45 Good Morning 9 WLR & Exercise</p> <p>11:00 Travelogue to Tokyo</p> <p>2:00 Garden Planting</p> <p>4:00 Sip & Chat</p> <p>6:30 Joy of Coloring</p>	<p>9:45 Good Morning 10 WLR & Exercise</p> <p>10:30 Rosary Group</p> <p>11:00 Brain Games</p> <p>1:30 Room Visits</p> <p>2:00 Give Me 5!</p> <p>2:00 Good Old Days-A</p> <p>4:00 IN2L Videos of the Week</p> <p>6:30 Crafting with Tara</p>	<p>9:45 Good Morning 11 WLR & Exercise</p> <p>11:00 Episcopal Service -CH</p> <p>11:00 Signs of Burma Shave</p> <p>2:00 Headline News</p> <p>3:30 Singing with Friends -NC</p> <p>6:30 Thursday Trivia</p>	<p>9:45 Good Morning 12 WLR & Exercise</p> <p>11:00 Mothers of Invention</p> <p>2:00 Let's make Ice Cream!</p> <p>3:30 Friday Musings & Drinks</p> <p>6:30 Friday Trivia</p>	<p>10:45 Good Morning 13 WLR & Exercise</p> <p>2:00 BINGO</p> <p>3:30 Room Visits</p> <p>3:30 Old Time TV</p> <p>4:30 Tell Me a Story</p> <p>6:30 Hymn Sing</p>
<p>10:30 Catholic Communion- CH 14</p> <p>11:15 Sunday Stretch</p> <p>11:45 Good News Story</p> <p>2:00 Worship Service</p> <p>3:00 History of Mother's Day</p> <p>4:00 Worship Service Happy Mother's Day</p>	<p>9:45 Good Morning 15 WLR & Exercise</p> <p>11:00 BINGO</p> <p>2:00 All About Illinois</p> <p>4:00 Biography of President Lincoln</p> <p>6:30 Reminisce</p> <p>Start of our Route 66 Trip in Illinois</p>	<p>8:30 NNHW Pancake Breakfast 16</p> <p>10:30 Good Morning WLR & Exercise</p> <p>11:00 St. Louis Cake</p> <p>2:00 Motherly Humor!</p> <p>4:00 Sip & Chat</p> <p>6:30 Arts & Crafts</p> <p>Cooking in Missouri</p>	<p>9:45 Good Morning 17 WLR & Exercise</p> <p>10:30 Rosary Group</p> <p>11:00 Spirit of St. Louis</p> <p>1:30 Room Visits</p> <p>2:00 On to Oklahoma</p> <p>4:00 Sing A Long with Ed</p> <p>6:30 Crafting with Tara</p>	<p>9:45 Exercise 18</p> <p>11:00 Episcopal Service-CH</p> <p>11:00 New Mexico</p> <p>2:00 On to Arizona</p> <p>3:30 Singing with Friends NC</p> <p>7:30 Old Bridge Orchestra - PR</p>	<p>9:45 Good Morning 19 WLR & Exercise</p> <p>11:00 What War Was it?</p> <p>2:00 Welcome to California</p> <p>3:30 Orange Julius Happy Hour</p> <p>6:30 Hand & Nail Spa</p> <p>Finish in California</p>	<p>11:00 BINGO 20</p> <p>1:00 Neighborly Visits</p> <p>2:30 Birthday Party/ Charlie Lowery</p> <p>4:00 Saturday Matinee</p> <p>4:00 Room Visits</p> <p>7:30 Friday Morning Music Club</p>

<p style="text-align: right;">21</p> <p>10:30 Catholic Communion CH 11:15 Sunday Stretch 11:45 Music with Leslie 2:00 Worship Service 3:00 Joy of Coloring 4:00 Worship Service</p>	<p style="text-align: right;">22</p> <p>9:45 Good Morning WLR & Exercise 11:30 Lunch out at McDonald's 2:00 BINGO 4:00 Armed Forces Remembrance 6:00 Room Visits 7:30 Prince William Community Band- PR</p>	<p style="text-align: right;">23</p> <p>9:45 Good Morning WLR & Exercise 11:00 Travelogue to Cuba 2:00 Spa Cart 4:00 Sentimental Journey 6:30 IN2L Games</p>	<p style="text-align: right;">24</p> <p>9:45 Good Morning WLR & Exercise 10:30 Rosary Group 11:00 Random Trivia 1:30 US Army Chorus-PR 3:00 Poetry Break 4:00 Sing A Long 6:30 Crafting with Tara</p>	<p style="text-align: right;">25</p> <p>9:45 Good Morning WLR & Exercise 11:00 Episcopal Service – CH 11:00 Resident Council 2:30 Singing With Friends- NC 4:00 Headline News 6:30 Sip & Chat</p>	<p style="text-align: right;">26</p> <p>9:45 Good Morning WLR & Exercise 11:00 Tree-mendous Trivia 12:00 Memorial Day Cook Out 2:00 Joy of Coloring 3:30 Friday Musings 6:30 Hand & Nail Spa</p>	<p style="text-align: right;">27</p> <p>11:00 Balloon Toss 11:45 Every Day Trivia 2:00 BINGO 3:30 Movie Matinee 3:30 Room Visits 4:00 Hand and Nail Spa 6:30 Book Cart</p>						
<p style="text-align: right;">28</p> <p>10:30 Catholic Communion CH 11:15 Sunday Stretch 11:45 Dear Abby 2:00 Worship Service 3:00 Joy of Coloring 4:00 Worship Service CH</p>	<p style="text-align: right;">29</p> <p>9:45 Good Morning WLR & Exercise 11:00 More Jeopardy Trivia 2:00 Joy of Coloring 3:30 Drinks on the Patio 6:30 Book Cart 7:00 Hand & Nail Memorial Day</p>	<p style="text-align: right;">30</p> <p>9:45 Good Morning WLR & Exercise 11:00 American Heritage in Story & Song 2:00 Learn about Ramadan 4:00 Church Board Bloopers 6:30 Arts & Crafts with Jackie</p>	<p style="text-align: right;">31</p> <p>9:45 Good Morning WLR & Exercise 10:30 Rosary Group 11:00 Japan Trivia 1:30 Room Visits 2:00 Fabulous Fish 2:00 Good Old Days-A 4:00 Sing A Long 6:30 Crafting with Tara</p>	<p style="text-align: center;">National Nursing Home Week</p>  <p style="text-align: center;">May 14-20, 2017</p>	<p style="text-align: center;">Get your Kicks on Route 66!</p>  <p style="text-align: center;">Take a trip across America during National Nursing Home Week!</p>	<p style="text-align: center;">May 20th Armed Forces Day</p> 						
 <p style="text-align: center;">May 14, 2017</p>	<p style="text-align: center;">Note:</p> <p style="text-align: center;">1:1 visits are done throughout the week, times vary</p> <p style="text-align: center;">Juice and a snack are served daily during AM and PM Activities</p>	<p style="text-align: center;"><u>May Birthday</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 60%;">C. Treener</td> <td style="width: 40%; text-align: right;">11</td> </tr> <tr> <td>J. Marmo</td> <td style="text-align: right;">13</td> </tr> <tr> <td>G. Coleman</td> <td style="text-align: right;">23</td> </tr> </table>	C. Treener	11	J. Marmo	13	G. Coleman	23	<p style="text-align: center;">If you have any questions or concerns please call Life Enrichment Staff at 703-496-3464.</p> <p style="text-align: center;">Sandy Steeves Life Enrichment Coordinator Nursing Center</p>		<p style="text-align: center;"><u>Sunday Worship Services</u></p> <p>10:30 Catholic Communion – CH 2:00 Worship Service NC 4:00 Worship Service CH</p>	<p style="text-align: center;">Off Unit Room Key</p> <p>PR – Potomac Room; HR – Harbor Room; CH – Chapel; ML – Main Lobby; AL – Assisted Living; NC - Nursing Center</p>
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