



# Nursing Center

## June 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>CALENDAR IS SUBJECT TO CHANGE</b></p> <p>Please refer to the NC Family Room white board for daily program changes.</p>	 <p><b>Flag Day June 14<sup>th</sup></b></p>	<p>I am afraid we must make the world honest before we can honestly say to our children that honesty is the best policy.</p> <p>- <b>George Bernard Shaw</b> (Playright, 1856-1950)</p>	 <p><b>Happy Father's Day June 18, 2017</b></p>	<p>9:45 Good Morning 1 WLR &amp; Exercise</p> <p><b>11:00 Episcopal Service-CH</b></p> <p>11:00 Summer Collage</p> <p>2:00 Headline News</p> <p><b>3:30 Singing with Friends - NC</b></p> <p>6:30 Brain Games</p>	<p>9:45 Good Morning 2 WLR &amp; Exercise</p> <p>11:00 Velveeta Cheese Day- Let's make Sandwiches!</p> <p>2:00 Random Trivia</p> <p>3:30 Friday Musings</p> <p>6:30 IN2L Game Night</p>	<p>10:45 Good Morning 3 WLR &amp; Exercise</p> <p>2:00 BINGO</p> <p>3:30 Room Visits</p> <p>3:30 Netflix Documentary</p> <p>4:30 Sip &amp; Chat</p> <p><b>7:00 Westminster's PR</b></p>
<p><b>10:30 Catholic 4</b> <b>Communion-CH</b></p> <p>11:15 Sunday Stretch</p> <p>11:45 Good News Story</p> <p><b>2:00 Worship Service</b></p> <p>3:00 Clipping Coupons</p> <p><b>4:00 Worship Service</b></p>	<p>9:45 Good Morning 5 WLR &amp; Exercise</p> <p><b>10:30 Catholic Mass</b></p> <p>11:00 Bible Story Trivia</p> <p><b>1:30 Scenic Ride</b></p> <p>3:30 Explore the Ocean</p> <p>6:30 Room Visits</p> <p>7:00 Reminisce</p>	<p>9:45 Good Morning 6 WLR &amp; Exercise</p> <p>11:00 Exploring Michigan &amp; Ohio</p> <p>2:00 Garden Club</p> <p>3:30 Sip &amp; Chat</p> <p>6:30 Crafting with Tara</p>	<p>9:45 Good Morning 7 WLR &amp; Exercise</p> <p><b>10:30 Rosary Group</b></p> <p>11:00 Brain Games</p> <p>1:30 Room Visits</p> <p>2:00 Give Me 5!</p> <p>3:30 IN2L Videos</p> <p><b>7:30 Mt. Vernon Flute Quartet -PR</b></p>	<p>9:45 Good Morning 8 WLR &amp; Exercise</p> <p><b>11:00 Episcopal Service -CH</b></p> <p>11:00 Pastimes</p> <p>2:00 Headline News</p> <p><b>3:30 Singing with Friends -NC</b></p> <p>6:30 Thursday Trivia</p>	<p>9:45 Good Morning 9 WLR &amp; Exercise</p> <p>11:00 Jeopardy Trivia</p> <p><b>2:00 Mrs. Woodring's 107<sup>th</sup> Birthday Celebration- PR</b></p> <p>3:00 Summer Sorbet-Raspberry</p> <p>3:30 Friday Musings</p> <p>6:30 Friday Trivia</p>	<p>10:45 Good Morning 10 WLR &amp; Exercise</p> <p>2:00 BINGO</p> <p>3:30 Room Visits</p> <p>3:30 Old Time TV</p> <p>4:30 Tell Me a Story</p> <p><b>7:00 Westminster's Chimers &amp; Bells</b></p>
<p><b>10:30 Catholic 11</b> <b>Communion- CH</b></p> <p>11:15 Sunday Stretch</p> <p>11:45 Music with Leslie</p> <p><b>2:00 Worship Service</b></p> <p>3:00 How many can you Name?</p> <p><b>4:00 Worship Service</b></p>	<p>9:45 Good Morning 12 WLR &amp; Exercise</p> <p>11:00 BINGO</p> <p>2:00 What Am I?</p> <p>3:30 What's your favorite Ice Cream treat?</p> <p>6:30 Dear Abby</p>	<p>9:45 Good Morning 13 WLR &amp; Exercise</p> <p><b>11:00 Guitar Music with Ruben</b></p> <p>2:00 Tuesday Trivia</p> <p>3:30 Music of the Seas</p> <p><b>7:30 Celebration Singers-PR</b></p>	<p>9:45 Good Morning 14 WLR &amp; Exercise</p> <p><b>10:30 Rosary Group</b></p> <p>11:00 Flag Day &amp; June Trivia</p> <p>2:00 Joy of Coloring</p> <p>4:00 Sing A Long with Ed</p> <p>6:30 Crafting with Tara</p>	<p>9:45 Good Morning 15 WLR &amp; Exercise</p> <p><b>11:00 Episcopal Service-CH</b></p> <p>11:00 Nature Photo Day</p> <p>2:00 Headline News</p> <p><b>3:30 Singing with Friends NC</b></p> <p>6:30 Nature Coloring</p>	<p>9:45 Good Morning 16 WLR &amp; Exercise</p> <p>11:00 Father's Day History &amp; Trivia</p> <p><b>12:00 Summer Cook Out</b></p> <p>2:00 Joy of Coloring</p> <p>3:30 Root Beer Floats</p> <p>6:30 Chit Chat Time</p>	<p>11:00 BINGO 17</p> <p>1:00 Neighborly Visits</p> <p><b>2:30 Birthday Party/ Charlie Lowery</b></p> <p><b>4:00 Kitchen Band- PR</b></p>

<p style="text-align: right;">18</p> <p><b>10:30 Catholic Communion CH</b>  11:15 Sunday Stretch  11:45 Dear Abby  <b>2:00 Worship Service</b>  3:00 Joy of Coloring  <b>4:00 Worship Service</b></p> <p style="text-align: center;"><b>Father's Day</b></p>	<p style="text-align: right;">19</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 Bingo  <b>1:30 Scenic Ride with Milkshakes</b>  3:30 In the Good Old Summertime  6:30 Room Visits  7:00 Reminisce</p>	<p style="text-align: right;">20</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 Animal of the Month-Frogs  2:00 Biography of Judy Garland  3:30 Garden Chat  6:30 IN2L Games</p>	<p style="text-align: right;">21</p> <p>9:45 Good Morning WLR &amp; Exercise  <b>10:30 Rosary Group 11:00am-3:00pm</b>  <b>Courtyard Games, Cookout, Ice Cream Social and FUN!!</b>  4:00 Netflix Bible Series  6:30 Crafting with Tara</p>	<p style="text-align: right;">22</p> <p>9:45 Good Morning WLR &amp; Exercise  <b>11:00 Episcopal Service – CH</b>  <b>11:00 Resident Council</b>  <b>2:30 Singing With Friends- NC</b>  4:00 Exploring Kentucky  6:30 Sip &amp; Chat</p>	<p style="text-align: right;">23</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 The Seas Trivia  1:30 Room Visits  2:00 Watermelon on the Patio  3:30 Friday Musings  6:30 Hand &amp; Nail Spa</p>	<p style="text-align: right;">24</p> <p>11:00 Balloon Volley Ball  11:45 Every Day Trivia  2:00 BINGO  3:30 Movie Matinee  3:30 Room Visits  4:00 Hand and Nail Spa  6:30 Book Cart</p>
<p style="text-align: right;">25</p> <p><b>10:30 Catholic Communion CH</b>  11:15 Sunday Stretch  11:45 Music with Leslie  <b>2:00 Worship Service</b>  3:00 Joy of Coloring  <b>4:00 Worship Service CH</b></p>	<p style="text-align: right;">26</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 Military Trivia  <b>1:30 Harmony Heritage Singers-PR</b>  3:00 Monday at the Movies  6:30 IN2L Trivia</p>	<p style="text-align: right;">27</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 Garden Club  2:00 Seashell Art  3:30 Creative Musings &amp; Poetry  6:30 Arts &amp; Crafts</p>	<p style="text-align: right;">28</p> <p>9:45 Good Morning WLR &amp; Exercise  <b>10:30 Rosary Group</b>  11:00 Random Trivia  1:30 Room Visits  2:15 What Am I?  4:00 Sing A Long  6:30 Crafting with Tara</p>	<p style="text-align: right;">29</p> <p>9:45 Good Morning WLR &amp; Exercise  <b>11:00 Episcopal Service – CH</b>  11:00 Netflix Bible Series  2:00 Finish the Phrase  <b>3:30 Singing With Friends – NC</b>  6:30 Sip &amp; Chat</p>	<p style="text-align: right;">30</p> <p>9:45 Good Morning WLR &amp; Exercise  11:00 Jeopardy Trivia  2:00 Strawberry Shortcake Day  3:30 Friday Musings &amp; Drinks  6:30 Hand &amp; Nail Spa</p>	 <p style="text-align: center;"><b>IT'S SUMMER!</b>  Summer Begins June 20<sup>th</sup></p>
 <p style="text-align: center;"><b>National Rose Month</b></p>	<p style="text-align: center;"><b>Note:</b></p> <p style="text-align: center;"><b>1:1 visits are done throughout the week, times vary</b></p> <p style="text-align: center;"><b>Juice and a snack are served daily during AM and PM Activities</b></p>	<p style="text-align: center;"><b><u>June Birthdays</u></b></p> <p>Ann Drury 27  Ann Treviranus 27  Robert Martin 28</p>	<p style="text-align: center;"><b>If you have any questions or concerns please call Life Enrichment Staff at 703-496-3464.</b></p> <p style="text-align: center;"><b>Sandy Steeves  Life Enrichment Coordinator  Nursing Center</b></p>	 <p style="text-align: center;"><b>alzheimer's association</b>  June 21, 2017</p>	<p style="text-align: center;"><b><u>Sunday Worship Services</u></b></p> <p><b>10:30 Catholic Communion – CH</b>  <b>2:00 Worship Service NC</b>  <b>4:00 Worship Service CH</b></p>	<p style="text-align: center;"><b>Off Unit Room Key</b></p> <p><b>PR – Potomac Room;  HR – Harbor Room;  CH – Chapel;  ML – Main Lobby;  AL – Assisted Living;  NC - Nursing Center</b></p>