




Westminster at Lake Ridge

Nursing Center Calendar

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Room Key MC-Memory Care PR-Potomac Room HR-Harbor Room CH-Chapel ML-Main Lobby AL-Assisted Living NC-Nursing Center</p>	 <p><i>Merry Christmas</i></p>	<p>NOTE 1:1 Visits are done throughout the week, times vary. Juice and a snack are served daily during AM and PM Program</p>	<p>CALENDAR IS SUBJECT TO CHANGE Please refer to the NC Family Room white board for daily program changes</p>	 <p><i>Happy Hanukkah</i></p>	 <p><i>Kwanzaa</i> A Celebration of Family, Community and Culture</p>	<p>10:45 Good Morning WLR & Exercise 1 11:30 Weekend Brain Games 2:00 Documentary 3:00 Mt. Vernon Brass Band—PR 6:30 Saturday Night at the Movies</p>
<p>10:30 Catholic Communion 2 CH 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Drink Social 4:00 Worship Services – CH 6:30 Spa Cart</p>	<p>10:00 Good Morning WLR & Exercise 3 10:30 Catholic Mass 11:00 BINGO 2:00 Crafting Group 3:30 Iditarod Race 7:30 Prince William County Band - PR</p>	<p>10:00 Good Morning WLR & Exercise 4 11:00 The Christmas Carols Game 2:00 A Day in the Snow 3:00 Hot Cocoa Break 3:30 Music with Richard 7:00 Lake Ridge Chorale-PR</p>	<p>10:00 Good Morning WLR & Exercise 5 10:30 Rosary Group 11:00 Room Visits 2:00 Classic Christmas Movies 3:30 Christmas Cookies & Tea Time 6:30 Reminisce</p>	<p>10:00 Good Morning WLR & Exercise 6 11:00 Episcopal Service –CH 11:00 Classic TV 2:00 Room Visits 3:30 Singing with Friends-NC 6:30 Java Music Club</p>	<p>10:00 Good Morning WLR & Exercise 7 11:00 Room Visits 2:00 Inspirations 3:30 Friday Musings 7:00 Central Baptist Church Christmas Carols</p>	<p>10:45 Good Morning WLR & Exercise 8 11:00 Weekend Trivia 2:00 Room Visits 3:00 Drink Break 3:30 Saturday Karaoke 7:00 Music with Nancy Smith –PR</p>
<p>10:30 Catholic Communion—CH 9 11:15 Sunday Stretch & News 2:00 Worship Service-NC 4:00 Worship Services –CH 6:30 IN2L Puzzles</p>	<p>10:00 Good Morning WLR & Exercise 10 11:00 Cooking Group 2:00 IN2L Puzzles 3:00 Root Beer Floats 3:30 Yes Virginia, This Editorial Endures 6:30 Sing A Long</p>	<p>10:00 Exercise & Juice 11 11:00 BINGO 2:00 Room Visits 3:00 Hot Cider & Cookies 3:30 Music with Richard 6:30 Crafting with Tara</p>	<p>10:00 Good Morning WLR & Exercise 12 10:30 Rosary Group 11:00 Let's Take a Trip 2:00 Buttoned-Up Greetings 3:30 20 Questions 6:30 Java Music Club</p>	<p>10:00 Good Morning WLR & Exercise 13 11:00 Episcopal Service 11:00 Let's Make Gingerbread Houses 2:00 Room Visits 3:30 Singing with Friends 6:30 Spa Night</p>	<p>10:00 Good Morning WLR & Exercise 14 11:00 Stephen Gellman 2:00 What's in your Christmas Stocking? 3:30 Friday Musings & Drinks 6:30 Friday Night Netflix</p>	<p>10:45 Good Morning WLR & Exercise 15 11:00 JINGO 2:30 Birthday Party with Charlie Lowery 4:00 Holiday Movie 6:30 Westminstrels - Lessons & Carols</p>
<p>10:30 Catholic Communion—CH 16 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Tea Time 4:00 Worship Services – 6:30 Sunday Trivia</p>	<p>10:00 Good Morning WLR & Exercise 17 11:00 BINGO 2:00 Cooking Group 3:00 Tea & Eggnog Dip 3:30 Christmas Hymn Sing A Long 6:30 Brownie Troop 606</p>	<p>10:00 Good Morning WLR & Exercise 18 11:00 Art Appreciation with Stephanie 2:00 Room Visits 3:00 Holiday Blizzards 3:30 Music with Richard 6:30 Tell me your Story</p>	<p>10:00 Good Morning WLR & Exercise 19 10:30 Rosary Group 11:00 Classic Movies 2:00 Bible Trivia 3:30 A New Christmas Tradition 6:30 Entrusted Connections Ministry Visit</p>	<p>10:00 Good Morning WLR & Exercise 20 11:00 Episcopal Service –CH 11:00 What Am I? 2:00 December Trivia 3:30 Christmas Singing With Friends 6:30 Java Music Club</p>	<p>10:00 Good Morning WLR & Exercise 21 11:00 Photo Booth with Santa 2:00 Room Visits 3:30 Friday Musings & Drinks 6:30 Holiday Sing A Long</p>	<p>10:45 Good Morning WLR & Exercise 22 11:00 BINGO 2:00 Room Visits 3:30 Sing A Long 6:30 Hand and Nail Spa Cart</p>
<p>10:30 Catholic Communion—CH 23/30 11:15 Sunday Stretch 11:45 Drinks & Daily News 2:00 Worship Service 3:00 Coffee Break 4:00 Worship Services – 6:30 Spa Cart</p>	<p>10:00 Good Morning WLR & Exercise 24/31 11:00 Holiday BINGO 2:00 Holiday Trivia 3:00 Egg Nog & Cookies 3:30 Holiday Movie 6:30 Favorite Hymns</p>	<p>10:00 Good Morning WLR & Exercise 25 11:00 Christmas Sing A Long 2:00 Christmas Memories Around the World 3:00 Christmas Music & Hot Cocoa Hour 6:30 Christmas Song Trivia</p>	<p>10:00 Good Morning WLR & Exercise 26 10:30 Rosary Group 11:00 BINGO Store 2:00 The History of Kwanzaa –PR 3:30 Hot Cider & Donuts 6:30 Random Trivia Kwanzaa Begins</p>	<p>10:00 Good Morning WLR & Exercise 27 11:00 Episcopal Service –CH 11:00 Resident Council 2:00 Room Visits 3:30 Singing with Friends 6:30 Java Music Club</p>	<p>10:00 Good Morning WLR & Exercise 28 11:00 Finish My Line 2:00 Neighborly Visits 3:30 Friday Musings 6:30 Friday Night at the Movies</p>	<p>10:45 Good Morning WLR & Exercise 29 11:00 BINGO 2:00 Room Visits 3:30 Sing A Long 6:30 Hand and Nail Spa Cart</p>