






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CALENDAR IS SUBJECT TO CHANGE</p> <p>Please refer to the NC Family Room white board for daily program changes.</p>	<p>Animal of the Month Cat</p> 	<p>Rosh Hashanah</p> 	<p>Labor Day September 4, 2017</p> 	<p>Oktoberfest Begins September 16th</p> 	<p>9:45 Good Morning 1 WLR & Exercise</p> <p>11:00 Gospel Hymn Sing</p> <p>2:00 Bulletin Board Trivia</p> <p>3:30 Friday Musings & Snack</p> <p>6:45 Friday Trivia</p>	<p>10:45 Good Morning 2 WLR & Exercise</p> <p>11:30 Good News Story</p> <p>2:00 BINGO</p> <p>3:30 Netflix- Dolphins – Spy in the Pod</p> <p>6:45 September Trivia</p>
<p>10:30 Catholic 3 Communion-CH</p> <p>11:15 Sunday Stretch</p> <p>11:30 Moving Music & Memories with Leslie</p> <p>2:00 Worship Service</p> <p>2:45 Clipping Coupons</p> <p>4:00 Worship Service</p>	<p>9:45 Good Morning 4 WLR & Exercise</p> <p>10:30 Catholic Mass</p> <p>11:00 BINGO</p> <p>2:00 Garden Chat</p> <p>3:30 Labor Day Trivia</p> <p>6:45 Reminisce</p> <p>Labor Day</p>	<p>9:45 Good Morning 5 WLR & Exercise</p> <p>11:00 Special Resident Council Meeting</p> <p>2:00 Name That Job Tune</p> <p>3:30 Where in the World</p> <p>6:45 Crafting with Tara</p>	<p>9:45 Good Morning 6 WLR & Exercise</p> <p>10:30 Rosary Group</p> <p>11:00 Sing A Long with Mary</p> <p>2:00 Joy of Coloring</p> <p>3:30 Wake up to a Healthy breakfast</p> <p>6:45 Project Wrap-up</p>	<p>9:45 Good Morning 7 WLR & Exercise</p> <p>11:00 Episcopal Service –CH</p> <p>11:00 Who AM I?</p> <p>2:00 Headline News</p> <p>3:30 Singing with Friends -NC</p> <p>6:45 IN2L Games</p>	<p>9:45 Good Morning 8 WLR & Exercise</p> <p>11:00 Jeopardy Trivia</p> <p>2:00 Apple Tasting</p> <p>3:30 Friday Musings & Apple Education</p> <p>6:45 Friday Trivia</p>	<p>10:45 Good Morning 9 WLR & Exercise</p> <p>11:30 Trivia of the Day</p> <p>2:00 BINGO</p> <p>3:45 Favorite Tunes of our time</p> <p>6:45 Favorite Chicken Soup Stories</p>
<p>10:30 Catholic 10 Communion- CH</p> <p>11:30- Grandparents</p> <p>3:00 Day Celebration</p> <p>4:00 Worship Service</p> 	<p>9:45 Good Morning 11 WLR & Exercise</p> <p>11:00 Sing-a-Long</p> <p>2:00 Science Corner</p> <p>3:30 More Jeopardy Trivia</p> <p>6:45 IN2L Games</p>	<p>9:45 Good Morning 12 WLR & Exercise</p> <p>11:00 What AM I?</p> <p>2:00 Short Story Club</p> <p>3:30 Travel Club Germany</p> <p>6:45 Crafting with Tara</p>	<p>9:45 WLR Exercise 13</p> <p>10:30 Rosary Group</p> <p>11:00 Chocolate Tasting</p> <p>2:00 Puzzles on IN2L</p> <p>4:00 Sing A Long with Ed</p> <p>6:45 Project Wrap-up</p> <p>International Chocolate Day</p>	<p>9:45 WLR Exercise 14</p> <p>11:00 Episcopal Service-CH</p> <p>11:00 Garden Club</p> <p>2:00 Headline News</p> <p>3:30 Singing with Friends NC</p> <p>6:45 Nature Coloring</p>	<p>9:45 Good Morning 15 WLR & Exercise</p> <p>11:00 Gospel Sing-A- Long</p> <p>2:00 All About Oktoberfest</p> <p>3:30 Friday Musings</p> <p>6:45 Hand & Nail Spa</p>	<p>10:45 Good Morning 16 WLR & Exercise</p> <p>11:30 BINGO</p> <p>2:30 Birthday Party/ Charlie Lowery</p> <p>4:00 Neighborly Visits</p> <p>7:30 Friday Morning Music Club -ML</p>

<p style="text-align: right;">17</p> <p>10:30 Catholic Communion-CH 11:15 Sunday Stretch 11:30 Moving Music & Memories with Leslie 2:00 Worship Service 2:45 Popsicle Party 4:00 Worship Service</p>	<p style="text-align: right;">18</p> <p>9:45 Good Morning WLR & Exercise 11:00 Art Appreciation with Stephanie Frasier 2:00 Tickle your Funny Bone! 3:30 The Way Things Were 6:45 Reminisce</p>	<p style="text-align: right;">19</p> <p>9:45 Good Morning WLR & Exercise 11:00 Animal of the Month-Cats 2:00 Easy Does it Trivia 3:30 Garden Chat 6:45 IN2L Games</p>	<p style="text-align: right;">20</p> <p>9:45 Good Morning WLR & Exercise 10:30 Rosary Group 11:00 Pastimes 2:00 Chicktionary 3:30 Rosh Hashanah The Jewish New Year 6:45 Crafting with Tara</p>	<p style="text-align: right;">21</p> <p>9:45 Good Morning WLR & Exercise 11:00 Episcopal Service – CH 11:00 Resident Council 2:00 Headline News 3:30 Singing With Friends- NC 6:45 Sip & Chat</p>	<p style="text-align: right;">22</p> <p>9:45 Good Morning WLR & Exercise 11:00 Random Trivia 2:00 Super Hummingbirds 2:45 Friday Netflix Movie –Sinatra, To be Frank </p>	<p style="text-align: right;">23</p> <p>10:45 Good Morning WLR & Exercise 11:30 Let's Sing! 2:30 Oktoberfest -HR 4:00 Joggin' Your Noggin 6:45 Sound of Music </p>
<p style="text-align: right;">24</p> <p>10:30 Catholic Communion-CH 11:15 Sunday Stretch 11:30 Moving Music & Memories with Leslie 2:00 Worship Service 2:45 Root Beer Floats 4:00 Worship Service CH</p>	<p style="text-align: right;">25</p> <p>9:45 Good Morning WLR & Exercise 11:00 Bingo 1:30 Scenic Ride 2:00 Netflix Monday-Elizabeth at 90, A Family tribute 3:30 Bible Study 6:45 IN2L Trivia</p>	<p style="text-align: right;">26</p> <p>9:45 Good Morning WLR & Exercise 11:00 A Legacy of Wisdom 2:00 Name That Tune 3:30 Garden Club 6:45 Spa Cart</p>	<p style="text-align: right;">27</p> <p>9:45 Good Morning WLR & Exercise 10:30 Rosary Group 11:00 Senior Inspiration 2:00 TV Trivia 3:30 Sing A Long 6:45 Crafting with Tara</p>	<p style="text-align: right;">28</p> <p>9:45 Good Morning WLR & Exercise 11:00 TV Shows we love 11:00 Episcopal Service – CH 2:30 Singing With Friends – NC 4:00 Headline News 6:45 Sip & Chat</p>	<p style="text-align: right;">29</p> <p>9:45 Good Morning WLR & Exercise 11:00 IN2L Trivia 2:00 Joy of Coloring 3:30 Friday Musings & Refreshments 6:45 Hand & Nail Cart</p>	<p style="text-align: right;">30</p> <p>10:45 Good Morning WLR & Exercise 11:30 Random Trivia 2:00 BINGO 3:30 Patio Chat and Drinks 6:45 Brain Games</p>
	 <p style="text-align: center;">Apple Season</p>	<p style="text-align: center;">Note:</p> <p style="text-align: center;">1:1 visits are done throughout the week, times vary</p> <p style="text-align: center;">Juice and a snack are served daily during AM and PM Activities</p>	<p style="text-align: center;">If you have any questions or concerns please call Life Enrichment Staff at 703-496-3464.</p> <p style="text-align: center;">Sandy Steeves Life Enrichment Coordinator Nursing Center</p>	<p style="text-align: center;"><u>September Birthdays</u></p> <p>Nancy Gotherman 13 Joyce Slaight 26 </p>	<p style="text-align: center;"><u>Sunday Worship Services</u></p> <p>10:30 Catholic Communion – CH 2:00 Worship Service NC 4:00 Worship Service CH</p>	<p style="text-align: center;">Off Unit Room Key</p> <p>PR – Potomac Room; HR – Harbor Room; CH – Chapel; ML – Main Lobby; AL – Assisted Living; NC - Nursing Center</p>

