


Westminster at Lake Ridge

Nursing Center Calendar

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Room Key MC-Memory Care PR-Potomac Room HR-Harbor Room CH-Chapel ML-Main Lobby AL-Assisted Living NC-Nursing Center		May Birthdays	10:00 Good Morning WLR & Exercise 1 10:30 Rosary Group 11:00 Classic TV 12:00 Cookout 2:00 Resident Choice 3:00 Drink Station 3:30 Animal of the Month 6:30 Reminisce	10:00 Good Morning WLR 2 11:00 Episcopal Service –CH 11:00 Classic TV 2:00 Room Visits 3:30 Singing with Friends-NC 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 3 11:00 BINGO 2:00 Classic TV 3:30 Friday Musings & Drinks 6:30 Spa Night	10:45 Good Morning WLR & Exercise 4 11:00 Sing A Long 2:00 Room Visits 3:00 Refreshment Station 3:30 Music Trivia 6:30 Saturday Night at the Movies
10:30 Catholic Communion 5 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Cinco de Mayo Trivia 4:00 Worship Services – CH 6:30 Mock Margaritas	10:00 Good Morning WLR & Exercise 6 11:00 BINGO 2:00 Hallmark Movie 3:00 Refreshment Cart 3:30 Easy Does it Random Trivia 6:30 Brownie Troop 606	10:00 Good Morning WLR & Exercise 7 11:00 Room Visits 2:00 Crafting Group 3:00 Milk Shake Station 3:30 Music with Richard 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 8 10:30 Rosary Group 11:00 Classic TV 2:00 Room Visits 3:00 Drink Station 3:30 Family Road Trips 6:30 Reminisce	10:00 Good Morning WLR & Exercise 9 11:00 Episcopal Service –CH 11:00 Crafting With Diana 2:00 Aromatherapy 3:30 Singing with Friends 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 10 11:00 BINGO 2:00 Movie Classics 3:30 Friday Musings and Drinks 6:30 Sing A Long	10:45 Good Morning WLR & Exercise 11 11:00 Tai Chi with Jorge 2:00 Room Visits 3:00 Drink Break 3:30 Sing A Long 6:30 Saturday Night Netflix
10:30 Catholic Communion—CH 12 11:15 Sunday Stretch & News 2:00 Worship Service-NC 3:00 Drink Break 4:00 Worship Services –CH 6:30 IN2L Puzzles Mother’s Day	10:00 Good Morning WLR & Exercise 13 11:00 BINGO 2:00 Room Visits 3:00 Refreshment Station 3:30 Motherly Humor 6:30 Monday Trivia	10:00 Exercise & Juice 14 11:00 Patio Chat 2:00 Hallmark Movie 3:00 Root Beer Floats 3:30 Music with Richard 6:30 Tara’s Choice	10:00 Good Morning WLR 15 10:30 Rosary Group 11:00 Patio Chat 2:00 Crafting Group 3:00 Travel Log to Istanbul with Susan Fellows 6:30 Give me 10!	10:00 Good Morning WLR & Exercise 16 11:00 Episcopal Service 11:00 Fresh Fruit Tasting 2:00 Room Visits 3:30 Singing with Friends 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 17 11:00 TV Classics 2:00 Friday Trivia Challenge 3:30 Friday Musings & Drinks 6:30 Friday Night Netflix	10:45 Good Morning WLR & Exercise 18 11:00 BINGO 2:30 Birthday Party with Charlie Lowery 4:00 Saturday Trivia 6:30 Spa Cart
10:30 Catholic Communion—CH 19 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Refreshment Station 4:00 Worship Services – 6:30 Sunday Trivia	10:00 Good Morning WLR & Exercise 20 11:00 Room Visits 2:00 Resident Choice 3:00 Refreshment Station 3:30 Celebrating Armed Forces Day 6:30 Chicken Soup Stories	10:00 Good Morning WLR & Exercise 21 11:00 Crafting Group 2:00 Classic TV 3:30 Music with Richard 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 22 10:30 Rosary Group 11:00 Classic Movies 2:00 Knitting Club 3:30 Traveling Tunes 6:30 Spa Cart	10:00 Good Morning WLR & Exercise 23 11:00 Episcopal Service –CH 11:00 Resident Council 11:30 The Road to Holland 2:00 Room Visits 3:30 Singing With Friends 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 24 11:00 BINGO 2:00 Hallmark Movie 3:30 Friday Musings & Drinks 6:30 Sing A Long	10:45 Good Morning WLR & Exercise 25 11:00 Tai Chi With Jorge 2:00 Room Visits 3:00 Drink Cart 3:30 Weekend Trivia 6:30 Hand and Nail Spa Cart
10:30 Catholic Communion—CH 26 11:15 Sunday Stretch 11:45 Drinks & Daily News 2:00 Worship Service 3:00 Coffee Break 4:00 Worship Services – 6:30 Spa Cart	10:00 Good Morning WLR & Exercise 27 11:00 Memorial Day At Arlington National Cemetery 2:00 Patio Chat 3:30 Patriotic Sundaes 6:30 Favorite Hymns Memorial Day	10:00 Good Morning WLR & Exercise 28 11:00 BINGO 2:00 Room Visits 3:00 Drink Break 3:30 Music with Richard 6:30 Tuesday Trivia	10:00 Good Morning WLR & Exercise 29 10:30 Rosary Group 11:00 Classic Movies 2:00 Patio Chat 3:30 Road Sign Chuckles 6:30 Music and Memories	10:00 Good Morning WLR & Exercise 30 11:00 Episcopal Service –CH 11:00 Cooking with Diana 2:00 Room Visits 3:30 Singing With Friends 6:30 Fireside Singers	10:00 Good Morning WLR & Exercise 31 11:00 BINGO 2:00 BINGO Store 3:30 Friday Musings & Drinks 6:30 Sing A Long	CALENDAR IS SUBJECT TO CHANGE Please refer to the NC Family Room white board for daily program changes