

Westminster at Lake Ridge

Nursing Center Calendar

April 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Communion 1 CH 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Drink Social 4:00 Worship Services – CH	9:45 Good Morning WLR & Exercise 2 11:00 BINGO 1:30 Cherry Blossom Trip 2:00 Room Visits 3:30 Evolution of the Easter Bunny 6:30 Reminisce	9:45 Good Morning WLR & Exercise 3 11:00 Spa Cart 1:30 Room Visits 2:00 Cooking with Diana 3:30 Gospel Sing A Long 6:30 Art with Tara	9:45 Good Morning WLR & Exercise 4 10:30 Rosary Group 11:00 Book Cart 2:00 Crafting with Michele 3:30 April Trivia 6:30 IN2L Games	9:45 Good Morning WLR & Exercise 5 11:00 Episcopal Service –CH 11:00 Room Visits 2:00 Chat Pack 3:30 Singing with Friends-NC 6:30 Reminisce	9:45 Good Morning WLR & Exercise 6 11:00 Room Visits 2:00 Crafting with Rhonda 3:30 Friday Musings 6:30 Friday Night Trivia & Drinks	10:45 Good Morning WLR & Exercise 7 2:00 Chat Pack 3:30 Sing A Long to the Oldies 6:30 Hand and Nail Spa Cart
10:30 Catholic Communion 8 CH 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Drink Social 4:00 Worship Services – CH	9:45 Good Morning WLR & Exercise 9 11:00 Room Visits 2:00 Garden Chat 3:30 A trip to the Barbershop 6:30 Reminisce	9:45 Good Morning WLR & Exercise 10 11:00 Cooking with Diana 1:30 Room Visits 2:30 Balloon Tennis 3:30 Do you Hear what I Hear? 6:30 Art with Tara	9:45 Good Morning WLR & Exercise 11 10:30 Rosary Group 11:00 Book Cart 2:00 Crafting with Michele 3:30 What did it Cost? 6:30 IN2L Games	9:45 Good Morning WLR & Exercise 12 11:00 Episcopal Service –CH 11:00 Room Visits 2:00 Chicken Soup Stories 3:30 Singing with Friends-NC 6:30 Spa Cart	9:45 Good Morning WLR & Exercise 13 11:00 Art Appreciation with Stephanie 2:00 Crafting with Rhonda 3:30 Friday Musings 6:30 Reminisce & Music	10:45 Good Morning WLR & Exercise 14 2:00 Book of Questions 3:00 Room Visits 3:45 Singing to the Classics 6:30 Finishing Lines
10:30 Catholic Communion—CH 15 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Trivia & Drinks 4:00 Worship Services – CH	9:45 Good Morning WLR & Exercise 16 11:00 Gospel Sing A Long 2:00 Room Visits 3:30 Garden Club 6:30 Chat Pack	9:45 Exercise & Juice 17 11:00 Spa Cart 1:30 Room Visits 2:00 Crafting with Diana 3:30 Music at the Movies 7:00 Music with Jim & Leslie—PR	9:45 Good Morning WLR & Exercise 18 10:30 Rosary Group 11:00 Cookout with Stephen Gellman 2:00 Short Story Club 3:30 All About Wildlife 6:30 Tara’s Choice	9:45 Good Morning WLR & Exercise 19 11:00 Episcopal Service –CH 11:00 Earth Day Family Feud 2:00 Room Visits 3:30 Singing with Friends-NC 6:30 Spa Cart	9:45 Good Morning WLR & Exercise 20 11:00 Room Visits 2:30- Earth Day Celebration 4:00 6:30 Friday Night Netflix	10:45 Good Morning WLR & Exercise 21 1:00 Room Visits 2:30 Birthday Party with Charlie Lowery 3:45 Brain Games 6:30 Joy of Coloring with Music
10:30 Catholic Communion—CH 22 11:15 Sunday Stretch 11:45 Daily News 2:00 Worship Service 3:00 Tea Time 4:00 Worship Services – CH	9:45 Good Morning WLR & Exercise 23 11:00 Clipping Coupons 1:30 Target Shopping Trip 3:30 Jeopardy Trivia 6:30 Netflix Movie of the Week	9:45 Good Morning WLR & Exercise 24 11:00 Room Visits 2:00 Cooking with Diana 3:30 You be the Judge 6:30 Tell me your Story	9:45 Good Morning WLR & Exercise 25 10:30 Rosary Group 11:00 Classic TV Shows 2:00 Crafting with Michele 3:30 April Trivia 6:30 Random Trivia	9:45 Good Morning WLR & Exercise 26 11:00 Episcopal Service –CH 11:00 Resident Council 3:30 Singing with Friends 4:00 Good News 7:30 Old Bridge Orchestra	9:45 Good Morning WLR & Exercise 27 11:00 Spa Cart 2:00 Crafting with Rhonda 3:30 Friday Musings & Drinks 6:30 Friday Night Spa Cart & Music	10:45 Good Morning WLR & Exercise 28 2:00 Weekend Trivia 3:30 Sing A Long 6:30 Remembering the Good Old Day’s
10:30 Catholic Communion—CH 29 11:15 Sunday Stretch 11:45 Drinks & Daily News 2:00 Worship Service 3:00 Coffee Break 4:00 Worship Services – CH	9:45 Good Morning WLR & Exercise 30 11:00 Singing the Classics 1:30 Room Visits 2:30 Peter Small-PR 4:00 Afternoon Stretch & Trivia 6:30 Chat Pack	<p style="text-align: center;">CALENDAR IS SUBJECT TO CHANGE</p> <p style="text-align: center;">Please refer to the NC Family Room white board for daily program changes</p>	<p style="text-align: center;">Off Unit Room Key</p> MC—Memory Care PR—Potomac Room HR—Harbor Room CH— Chapel ML— Main Lobby AL—Assisted Living NC—Nursing Center	<p style="text-align: center;">NOTE</p> <p style="text-align: center;">1:1 Visits are done throughout the week, times vary.</p> <p style="text-align: center;">Juice and a snack are served daily during AM and PM Programs</p>	<p style="text-align: center;">April Birthday</p> Isolina Branan 22 Richard Sarrano 26 Patricia Leopold 27	<p style="text-align: center;">Happy Easter</p> 