



# October 2018 Look Ahead

## Events This Month

<b>Blessing of the Animals</b>	<b>PR</b>
Thursday, October 4	10:30 am - 11:15 am
<b>New Dominion Choraliers</b>	<b>PR</b>
Saturday, October 6	3:00 pm - 4:00 pm
<b>VaCCRA Cabaret Night</b>	<b>PR</b>
Tuesday, October 9	7:00 pm - 9:00 pm
<b>Italian Theme Night</b>	<b>MDR/PR</b>
Friday, October 12	4:30 pm - 7:00 pm
<b>Woodbridge Flute Choir</b>	<b>PR</b>
Saturday, October 13	7:00 - 8:00 pm
<b>Planned Giving by the Foundation</b>	<b>PR</b>
Monday, October 15	1:30 pm - 4:30 pm
<b>CEO Coffee</b>	<b>PR</b>
Tuesday, October 16	10:00 am - 11:00 am
<b>Senior Issues Forum</b>	<b>PR</b>
Wednesday, October 17	3:30 pm - 4:30 pm
<b>LWV Candidate Forum 11th Congressional District</b>	<b>PR</b>
Thursday, October 18	7:00 pm - 8:30 pm
<b>Fireside Chats with Dale Clark</b>	<b>PR</b>
Monday, October 22	3:30 pm and 7:00 pm
<b>25th Anniversary Celebrations</b>	<b>Community Wide</b>
Friday, October 26	11:30 am - 2:00 pm
<b>Rockledge Halloween Performance</b>	<b>PR</b>
Wednesday, October 31	2:00 pm - 3:00 pm

### ROOM KEY

1st FL = 1st FI Lounge
3rd FL = 3rd FI Lounge
4th FL = 4th FI Lounge
AL GR = AL Great Room
AL S = AL Study
BC = Bocce Ball Court
CLR = CLIC Room
CR = Conference Room
DP = Dog Park
FR = Fitness Room
GR = Game Room
HCC = Health Center Courtyard
HCL = Health Center Lobby
HR = Harbor Room
LL = Lower Lobby
MDR = Main Dining Room
ML = Main Lobby
OC = Off Campus
PBC = Pickleball Court
PDR = Private Dining Room
PR = Potomac Room
RS = Resident Services Area

Please check Channel 970, the weekly *Outlook*, the Events Table, Web Portal and the bulletin boards for more details, additions and or corrections.

**\*\*For more information, look for upcoming flyers**

- Every trip has an attendance minimum in order to go forward. Please check Sign Up Sheet for details.
- All Sign-Up Sheets are collected the day before the trip, unless otherwise specified.
- Trips with a cost will be put on your monthly bill.
- If your name is on the sign up sheet after the deadline you are responsible for the cost.

## Trips This Month

### **Rockledge Elementary Tutoring**

Thursday, October 4 9:10 am

### **Virginia Grand Military Band**

Saturday, October 13 6:20 pm

### **9 to 5 Musical at Hylton**

Saturday, October 14 12:30 pm

### **Lunch Bunch at Firebirds Wood Fired Grill**

Tuesday, October 16 11:45 am

### **Rockledge Elementary Tutoring**

Thursday, October 18 9:10 am

### **Walk to End Alzheimer's**

Saturday, October 20 8:00 am

# In the Coming Months

## **SPECIAL EVENTS**

**M** = Morning    **A** = Afternoon    **E** = Evening

### **November 2018**

- VaCCRA Cabaret, 11/2 **E**
- Veteran's Luncheon, 11/9 **A**
- Nashville Standard, 11/10 **M**
- Carte' Clothing Boutique, 11/13 **M**
- Betsey Fountain Performance, 11/13 **E**
- Craft/Bake Sale, 11/15 **M**
- Art Appreciation, 11/16 **A**
- Kitchen Band Performance, 11/16 **E** & 11/17 **A**

### **December 2018**

- PW Community Band, 12/3 **E**
- Lake Ridge Chorale, 12/4 **E**
- Annual Trim a Tree, 12/7 **E**
- Employee Holiday Luncheon, 12/7 **A**
- Nancy Smith Soprano, 12/8 **E**
- Westminster Lessons and Carols, 12/15 **E**
- Mount Vernon Concert Band, 12/17 **E**
- Art Appreciation, 12/18 **A**
- New Years Eve Gala, 12/31 **E**

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## **TRIPS**

### **November 2018**

- Election Day Shuttle, 11/6
- Rockledge Elementary, 11/1
- Fairfax Symphony, 11/3
- Rockledge Elementary, 11/15
- Virginia Grand Military Band, 11/17
- Lunch Bunch: All American Steakhouse, 11/20
- Chanticleer Concert, 11/25

### **December 2018**

- Rockledge Elementary, 12/6
- It's a Wonderful Life at Hylton, 12/16
- Lunch Bunch: Zoe's Kitchen, 12/18
- Rockledge Elementary, 12/20

Do you have a suggestion for a trip? Please stop by the Events Table today and let us know!

All Events, Trips, and Classes are subject to change. Please check Channel 970 the Weekly *Outlook*, the Events Table, Web Portal and the bulletin boards for more details, additions and or corrections.

## Monthly Committees

### **Parkinson's Support Group**

First Monday in the Chapel

### **Current Events Planning**

First Monday in the CR

### **Catholic Service**

First Monday in the Chapel

### **Book Club**

First Tuesday in the PDR

### **Social Outreach Committee**

First Wednesday in the FFL

### **Landscape Committee**

First Thursday in CR

### **Writers Choice Group**

First and Third Thursday in the PRD

### **Library Committee**

Second Wednesday in the PDR

### **Art on Campus**

Second Wednesday in the PDR

### **VaCCRA BOD Meeting**

Second Friday in 1st FL

### **Women's Led Bible Study**

Third Monday in the GR

### **Dining Committee**

Third Wednesday in PDR

### **Parkinson's Webinar**

Third Thursday in the CR

### **Health Committee**

Third Friday in the CR

### **Spiritual Life Committee**

Fourth Tuesday in the PDR

### **Hospitality Committee**

Fourth Tuesday in the CR

### **Military & Foreign Affairs**

Fourth Thursday in HR

## Monthly Meetings

### **Resident Association**

First Wednesday of the Month

### **Kitchen Tours**

First Wednesday of the Month

### **Dining Services Forum**

Second Monday of the Month

### **Men's Breakfast**

Second Thursday of the Month

### **Health Roundtable**

Second Thursday of the Month

### **Current Events**

Second Thursday of the Month

### **Plant Ops Forum**

Second Friday of the Month

### **Theme Dinner Night**

Third Wednesday of the Month

### **Director's Dialogue**

Third Wednesday of the Month

### **Great Decisions**

Third Friday of the Month

### **Inquiring Minds**

Third Friday of the Month

### **Dietitians Forum**

Fourth Wednesday of the Month

### **Executive Director Roundtable**

**FIFTH MONDAY IN OCTOBER**