



July 2017 Look Ahead

Events This Month

Fourth of July Brunch	MDR
Tuesday, July 4th	12:00 pm - 3:00 pm
Art Appreciation	PR
Friday, July 7th	2:00 pm - 3:00 pm
Mount Vernon Community Band	PR
Saturday, July 8th	7:00 pm - 8:00 pm
Carte' Mobile Clothing Boutique	PR
Monday, July 10th	10:00 am - 2:00 pm
Opera Concert with Jamie Bonetto	PR
Friday, July 21st	7:00 pm - 8:00 pm
Mount Vernon Dixieland Band	PR
Saturday, July 22nd	3:30 pm - 4:30 pm
Art Gallery Reception	CR
Friday, July 28th	4:00 pm - 5:00 pm



ROOM KEY

1st FL = 1st FI Lounge
3rd FL = 3rd FI Lounge
4th FL = 4th FI Lounge
AL GR= AL Great Room
AL S = AL Study
BC=Bocce Ball Court
CLR=CLIC Room
CR = Conference Room
DP = Dog Park
FR = Fitness Room
GR = Game Room
HCC = Health Center Courtyard
HCL = Health Center Lobby
HR = Harbor Room
LL = Lower Lobby
MDR = Main Dining Room
ML = Main Lobby
OC = Off Campus
PBC = Pickleball Court
PDR = Private Dining Room
PR = Potomac Room
RS = Resident Services Area

Please check Channel 970, the weekly *Outlook*, the Events Table, Web Portal and the bulletin boards for more details, additions and or corrections.

****For more information, look for upcoming flyers**

Trips This Month

Bus to SERVE	
Monday, July 10th	9:20 am
Honor Flight	
Wednesday, July 12	8:00 am
Oklahoma! At Hylton Performing Arts Center	
Friday, July 14th	6:15 pm
Lunch Bunch at Firebird	
Tuesday, July 18	11:15 am
Washington Nationals vs. Milwaukee Brewers	
Thursday, July 27th	10:00 am

- Every trip has an attendance minimum in order to go forward. Please check Sign Up Sheet for details.
- All Sign-Up Sheets are collected from the Events Table the day before the trip, unless otherwise specified.
- Trips with a cost will be put on your monthly bill.
- If your name is on the sign up sheet after the deadline you are responsible for the cost.

In the Coming Months

SPECIAL EVENTS

M = Morning **A** = Afternoon **E** = Evening

August 2017

- National Night Out, 8/1 **E**
- Albert Hunts Performance, 8/5 **E**
- Hospitality Ice Cream Social, 8/8 **A**
- Prince William Brass Band, 8/12 **E**
- Ingleside at Home Launch Party, 8/15 **A**

September 2017

- Grandparents Day, 9/10 **ALL DAY**
- Friday Morning Music Club, 9/16 **E**
- Occoquan Townhall, 9/18 **E**
- NVSO Yo-Yo Competition 9/20 **M**
- Oktoberfest, 9/23 **E**
- Hospitality Welcome Coffee, 9/29 **M**

October 2017

- Brass Band, 10/7 **A**
- Hospitality Wine and Cheese, 10/11 **E**
- Woodbridge Flute Choir, 10/14 **A**
- Mount Vernon Swing Band and Dance, 10/21 **E**
- Halloween Festivities, 3/31 **TBD**

November 2017

- Veterans Day, 11/11 **A**
- Kitchen Band Performance, 11/17 **E**
- Kitchen Band Performance, 11/18 **A**

TRIPS

August 2017

- Honor Flight 8/9
- Geri Melcher Home Studio, 8/10
- Bus to SERVE 8/14
- Lunch Bunch at Bottle Stop and Wine Bar, 8/15
- Washington Nationals, 8/26

September 2017

- Honor Flight 9/13
- Riverside Theater, 9/14
- Lunch Bunch at Not Your Average Joes, 9/19
- Walk Off Parkinson's, 9/24

October 2017

- Honor Flight 10/11
- Lunch Bunch at Fuddruckers 10/17
- Walk to End Alzheimer's, 10/21

Do you have a suggestion for a trip? Please stop by the Events Table today and let us know!

All Events, Trips, and Classes are subject to change. Please check Channel 970 the Weekly *Outlook*, the Events Table, Web Portal and the bulletin boards for more details, additions and or corrections.

Monthly Committees

Parkinson's Support Group

Not meeting in July

Current Events Planning

Summer Hiatus

Catholic Service

First Monday in the Chapel

Book Club

First Tuesday in the PDR

Social Outreach Committee

First Wednesday in the FFL

Landscape Committee

First Thursday in CR

Writers Choice Group

First and Third Thursday in the PRD

Library Committee

Second Wednesday in the PDR

Art on Campus

Second Wednesday in the 1st FL

Health Committee

Second Friday in the CR

Women's Bible Study

Summer Hiatus

Parkinsonians

Third Monday in the Chapel

Parkinson's Care Partners

Third Monday in the Chapel

Parkinson's Webinar

Third Thursday in the CR

Dining Committee

Third Wednesday in PDR

Spiritual Life Committee

Summer Hiatus

Hospitality Committee

No Meeting in July

Monthly Meetings

Resident Association

First Wednesday of the Month

Men's Breakfast

Second Thursday of the Month

Health Roundtable

Second Thursday of the Month

Current Events

Second Thursday of the Month

Facility Forum

First Thursday in July

Director's Dialogue

Third Wednesday of the Month

Great Decisions

Summer Hiatus

Inquiring Minds

Summer Hiatus

Executive Director Roundtable

Fourth Thursday of the Month