



Westminster at Lake Ridge

Assisted Living Engaged Living

April 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10:30 Catholic Communion-CH 4:00 Chapel Service-CH</p> 	<p>2</p> <p>10:00 Morning Exercise-A 10:30 Catholic Mass-CH 11:00 Spa Cart-GR 1:30 Scenic Ride-Cherry Blossoms 2:15 Make Cherry Blossoms-G 4:00 Drinks & Trivia-GR</p>	<p>3</p> <p>10:00 Morning Exercise-A 10:45 Day in History-A 11:00 Kangaroo Words-A 2:00 Art with Ron 3:00 Tea Time-A 4:00 Puzzle Time-A</p>	<p>4</p> <p>10:00 Morning Exercise-A 10:30 Rosary Group-CH 10:45 Good News-A 11:00 Coffee Social-GR 2:15 Current Events-GR 3:30 Resident Association-PR 4:00 Social Hour-GR 6:45 Game Night-A</p>	<p>5</p> <p>10:00 Morning Exercise-A 10:45 Wellness Info-A 11:00 What's Cooking - A 11:00 Episcopal Service-CH 2:15 Kings on the Corner-GR 3:30 Singing with Friends -NC</p>	<p>6</p> <p>10:00 Morning Exercise-A 11:00 Dining Committee-G 2:15 Arts and Crafts-G 4:00 TGIF Gathering-GR 6:30 Game Night-A</p>	<p>7</p> <p>10:45 Good Morning WLR & Exercise-NC 2:00 Chat Pack-NC 3:30 Sing A Long to the Oldies-NC 4:00 Movie Matinee-H 6:30 Hand and Nail Spa Cart-NC</p>
<p>8</p> <p>10:30 Catholic Communion-CH 4:00 Chapel Service-CH</p>	<p>9</p> <p>10:00 Morning Exercise-A 11:00 Aromatherapy--GR 2:15 Let's Make Terrariums for Garden Week-S 4:00 Drinks & Trivia-GR</p>	<p>10</p> <p>10:00 Morning Exercise-A 10:45 Day in History-A 11:00 Kangaroo Words-A 2:00 Art with Ron 3:00 Tea Time-A 4:00 Show and Share-A</p>	<p>11</p> <p>8:00 Good Morning Breakfast With Susan-A 10:00 Morning Exercise-A 10:30 Rosary Group-CH 10:45 Good News-A 11:00 Treasured Hymns-GR 2:15 National Cheese Fondue Day-A 4:00 Social Hour-GR 6:45 Game Night-A</p>	<p>12</p> <p>8:00 Men's Breakfast-PR 10:00 Morning Exercise-A 10:45 Wellness Info-A 11:00 What's Cooking- A 11:00 Episcopal Service-CH 2:15 Yahtzee-A 3:30 Singing with Friends -NC 3:30 Health Care Roundtable</p>	<p>13</p> <p>10:00 Morning Exercise-A 11:00 Art Appreciation-HR 2:15 Arts and Crafts-G 4:00 TGIF Gathering-GR</p>	<p>14</p> <p>10:45 Morning Exercise-A 11:15 Trivia-A 2:00 Bingo-A 4:00 Movie Matinee-H</p>
<p>15</p> <p>10:30 Catholic Communion-CH 4:00 Chapel Service-CH</p>	<p>16</p> <p>10:00 Morning Exercise-A 11:00 Spa Cart-GR 2:15 Grace Kelly: Hollywood Princess-GR 4:00 Drinks and Trivia-GR</p>	<p>17</p> <p>8:30 Pancake Breakfast 10:00 Morning Exercise-A 10:45 Day in History-A 11:00 Kangaroo Words-A 2:00 Art with Ron 3:00 Tea Time-A 4:00 Remember When-A 7:00 Music with Leslie and Jim-PR</p>	<p>18</p> <p>10:00 Morning Exercise-A 10:30 Rosary Group-CH 10:45 Good News-A 11:00 Steven Gellman-12:00 Cookout-HR 2:15 Current Events-GR 4:00 Social Hour-GR 7:00 Game Night- A</p>	<p>19</p> <p>10:00 Morning Exercise-A 10:45 Wellness Info-A 11:00 Resident Council- A 11:00 Episcopal Service-CH 2:15 Puzzle Time-A 3:30 Singing with Friends -NC</p>	<p>20</p> <p>10:00 Morning Exercise-A 11:00 Name That Musical-GR 2:15 Arts and Crafts-G 4:00 TGIF Gathering-GR 6:30 Game Night-A</p>	<p>21</p> <p>10:45 Good Morning WLR & Exercise-NC 2:30 Birthday Social NC 3:45 Brain Games-NC 4:00 Movie Matinee-H 6:30 Joy of Coloring with Music-NC</p>
<p>22</p> <p>10:30 Catholic Communion-CH 4:00 Chapel Service-CH</p>	<p>23</p> <p>10:00 Morning Exercise-A 11:00 Aromatherapy--GR 1:30 Shopping Trip 2:15 In the Life of-William Shakespeare 4:00 Drinks & Trivia-GR</p>	<p>24</p> <p>10:00 Morning Exercise-A 10:45 Day in History-A 11:00 Kangaroo Words-A 2:00 Art with Ron 3:00 Tea Time-A 4:00 Rolling Pennies-A</p>	<p>25</p> <p>10:00 Morning Exercise-A 10:30 Rosary Group-CH 10:45 Good News-A 11:00 Bible Study-S 2:15 Movie Memories-GR 4:00 Social Hour-GR 6:45 Game Night- A</p>	<p>26</p> <p>10:00 Morning Exercise-A 10:45 Wellness Info-A 11:00 Cookin' Lunch!- A 11:00 Episcopal Service-CH 12:00 Lunch with Donna-A 2:30 Singing with Friends -NC 3:30 E. D. Roundtable-PR 7:30 Old Bridge Chamber Orchestra-PR</p>	<p>27</p> <p>10:00 Morning Exercise-A 11:00 Armchair Travel-Scandinavia-GR 2:15 Arts and Crafts-G 4:00 TGIF Gathering-GR</p>	<p>28</p> <p>10:45 Morning Exercise-A 11:15 Trivia-A 2:00 Bingo-A 4:00 Movie Matinee-H</p>
<p>29</p> <p>10:30 Catholic Communion-CH 4:00 Chapel Service-CH</p>	<p>30</p> <p>10:00 Morning Exercise-A 11:00 Spa Cart-GR 2:30 Peter Small Impressionist-PR 4:00 Drinks & Trivia-GR</p>		<p>April Birthdays Gerda Gussie 4/20</p> 	<p>CALENDAR IS SUBJECT TO CHANGE</p> <p><i>Please refer to the AL Dining Room board for daily program changes.</i></p>	<p>AL Activity Locations:</p> <ul style="list-style-type: none"> A-Atrium D-Den DR- AL Dining Room FDR-Family Dining G-Great Room GR-Game Room H-Hearth S-Study 	<p>Activities/Events off AL</p> <ul style="list-style-type: none"> CH-Chapel HR-Harbor Room PR-Potomac Room ML-Main Lobby NC-Nursing Center P-Health Center Patio MDR-Main Dining Room RS-Resident Services