



Ingleside Communities Recognized in U.S. News & World Report's Best Nursing Homes for Third Time

WASHINGTON – [Ingleside at King Farm](#) and [Westminster at Lake Ridge](#), part of the [Ingleside](#) family of communities, were recognized in U.S. News & World Report's recently released list of [Best Nursing Homes 2017-18](#).

The U.S. News & World Report Overall Ratings assign each eligible nursing home a rating from High-Performing to Poor. This rating evaluates the care of a wide range of resident conditions at the nursing home, including both long-term care and shorter-term rehabilitation.

"We are elated for U.S. News and World Report to recognize us again as one of the top nursing homes in the United States," said Ingleside's President and CEO Lynn O'Connor. "We pride ourselves on upholding our reputation as the premier provider of older adult living opportunities and continuing to offer our residents the best care and services in the country."

The data used for the evaluation come from the federal Nursing Home Compare program, and the star ratings incorporate nursing staffing, health inspection, and quality measures. In addition to these measures, nursing homes were assessed based on the appropriateness of the therapy minutes provided to their residents as well as the consistency of their reported nurse staffing across self-reported and payroll-based reporting systems.

Ingleside is dedicated to maintaining an enhanced purposeful lifestyle for older adults with on-site health services, and many diverse and progressive programs, including art in the community and wellness activities. All communities share a tradition of common values, focused on accountability, respect, innovation, stewardship, and excellence.

###

About Ingleside

Ingleside is a premier, charitable not-for-profit provider of comprehensive older adult opportunities in the Washington, D.C. metropolitan area. Based in Rockville, MD, Ingleside is the parent organization for three CARF-accredited, charitable not-for-profit, life plan communities (formerly continuing care retirement communities) and its affiliates, including: the Westminster Ingleside Foundation, WING (Westminster Ingleside Group), which focuses on real estate development and management, and Ingleside at Home, a not-for-profit, charitable home-based care program. Ingleside's family of communities include: Ingleside at Rock Creek (Washington, D.C.), Westminster at Lake Ridge (Lake Ridge, VA), and Ingleside at King Farm (Rockville, MD). For more information, visit www.inglesideonline.org. Ingleside's mission is to provide strategic and operational leadership that enables our affiliates to excel in their missions.