



## **Westminster at Lake Ridge Voted Best Rehab**

*Senior Living Community Recognized by InsideNoVa*

**LAKE RIDGE, Va.** – [Westminster at Lake Ridge](#), a CARF-accredited, not-for-profit life plan community, was voted Best Rehab by InsideNoVa.

Westminster at Lake Ridge’s [rehabilitation program](#) provides post-acute care including physical therapy, speech therapy and occupational therapy after planned surgeries or unexpected medical issues. The 60-suite Nursing Center with highly skilled therapists serves the greater Northern Virginia community, and earned a 5-Star Rating by the Centers for Medicare and Medicaid Services (CMS).

“We appreciate all who voted, and we are honored to have been recognized as Best Rehab after being previously named Prince William’s Best Senior Living Community,” said Westminster at Lake Ridge Executive Director Brian Tenney.

This program is for older adults planning an elective surgery or are about to be discharged from a hospital to rehabilitation services.

In addition, Westminster at Lake Ridge offers independent living, assisted living, memory care, long-term care, home care and respite services.

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### **About Westminster at Lake Ridge**

Westminster at Lake Ridge is a senior living community located near the historic Town of Occoquan, Va. and is a member of the Ingleside family of communities. The CARF-accredited, not-for-profit life plan community is located across the Occoquan River from Fairfax County and 30 minutes from Washington, D.C. The community earned a 5-Star Rating by the Centers for Medicare and Medicaid Services (CMS) and provides residents independent living, assisted living, skilled nursing, respite services and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Voted best senior living community in 2017 by InsideNoVa, Westminster at Lake Ridge is nestled in a beautiful, wooded campus environment, featuring two ponds, gardens and trails to the Occoquan River. For more information, visit [www.wlrva.org](http://www.wlrva.org).