



NEWS RELEASE

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Westminster at Lake Ridge Awarded Five-Year CARF-CCAC Accreditation

Northern Va. Senior Living Community is Second in Ingleside Family to Earn Prestigious Industry Recognition

Lake Ridge, Va. – Westminster at Lake Ridge, a premier senior living community located right outside Occoquan, Va., and one of three not-for-profit Ingleside communities in the Washington, D.C. metropolitan area, has earned a prestigious five-year CARF-CCAC Accreditation. Westminster at Lake Ridge is the second Ingleside community to receive this accreditation. Of the 1,900 or so continuing care retirement communities in the nation, only about 300 fully meet the CARF-CCAC standards.

This honor represents the highest level of accreditation that can be awarded to an organization in the industry and shows Westminster at Lake Ridge's substantial implementations of the CARF-CCAC standards. Westminster at Lake Ridge went through a rigorous peer-review process and demonstrated their commitment to being leaders in their field to a team of surveyors during a three-day, on-site visit. The community had to meet more than 1,000 standards of excellence in order to be awarded the accreditation.

"I cannot begin to express the deep appreciation I have for all the work and effort that our directors, our strategic team and our staff put forth to achieve this milestone," said Westminster at Lake Ridge Executive Director Libby Bush. "We're very proud to be recognized for the excellence in service we provide to our residents."

In early 2014, Westminster at Lake Ridge's sister community, Ingleside at King Farm, was also awarded the five-Year CARF-CCAC Accreditation.

The Continuing Care Accreditation Commission (CCAC) was founded in 1985 as the nation's only accrediting body for continuing care retirement communities and similar organizations. In 2003, CCAC merged with the Commission on Accreditation of Rehabilitation Facilities (CARF), a nonprofit accreditor founded in 1966 that serves a wide range of human service organizations. Additional details about the accreditation can be found at <http://www.carf.org/Accreditation/>.

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About Westminster at Lake Ridge

Westminster at Lake Ridge is a senior living community located near the historic Town of Occoquan, Va. and is a member of the Ingleside family of communities. The not-for-profit continuing care retirement community is located across the Occoquan River from Fairfax County and 30 minutes from Washington, D.C. The community provides residents independent living, assisted living, skilled nursing and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access

a broad range of services and amenities. Westminster at Lake Ridge is nestled in a beautiful, wooded campus environment, featuring two ponds, gardens and trails to the Occoquan River. For more information, visit www.wlrva.org.